



# SUNDAY LUNCH MENU

## STARTERS

**SOUP OF THE DAY** vg £6.00  
Served with a crusty roll

**CREAMY GARLIC MUSHROOMS** v £6.50  
with toasted sourdough

**MACKEREL PATE** £7.00  
with pickled cucumber, crostini & side salad

## MAINS

**TY PENBONT SUNDAY LUNCH** £15.99  
CHOOSE FROM EITHER TOPSIDE OF BEEF, PORK LOIN OR CHICKEN SUPREME  
served with Yorkshire pudding, roast potatoes, parsnips, red cabbage,  
a selection of vegetables & gravy

**NUT ROAST** vg £16.95  
with roast potatoes, parsnips, red cabbage, a selection of vegetables  
& a rosemary & thyme gravy

**PENBONT BEEF BURGER** £14.00  
with Welsh cheddar, lettuce & tomato in a sourdough roll, served with chips

**FISH PIE** £16.95  
Salmon, cod & prawns in a rich bechamel sauce, topped with mashed potato  
served with broccoli & savoy cabbage

## DESSERT

PLEASE ASK A MEMBER OF STAFF FOR TODAY'S DESSERT SELECTION



# CHILDREN'S SUNDAY MENU

## MAINS

### CHOICE OF CHICKEN OR BEEF

with all the trimmings

£8.00

### SAUSAGE & CHIPS

served with either beans or peas

£6.50

### MAC & CHEESE

served with garlic bread

£6.50

### FISH GOUJONS

served with chips and either beans or peas

£6.50

## DESSERT

### MINI BROWNIE WITH ICE CREAM

£4.00

### ICE CREAM

VANILLA, CHOCOLATE OR STRAWBERRY

£3.50